

EATING OUT DURING THE CORONAVIRUS (COVID-19) PANDEMIC

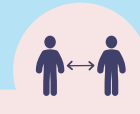
With many restaurants reopening during COVID-19, it is important to keep yourself and others safe if you choose to dine out.



If you are ill or have been in contact with someone with COVID-19, or symptoms of COVID-19, you should stay at home.



Call ahead to ensure the restaurant is taking proper safety measures, including enforcing all employees to wear face coverings.



Maintain a distance of at least six feet away from anyone other than your household members. All tables should be at least six feet apart.



Avoid using valet parking if possible.



Wear a cloth face covering when you are not eating.



Avoid buffets or self-serve stations.



If available, request to be seated outdoors for better ventilation.



Wash your hands when you arrive and leave. Bring hand sanitizer in case soap and water are not available.



Consider cooking at home or getting take-out instead, especially if you are at higher-risk for severe complications from COVID-19.

As always, enjoy your meal and the overall experience, but don't let eating out be an excuse for overeating or for making less healthy food choices.



For the most up-to-date COVID-19 information and recommendations, visit the Centers for Disease Control and Prevention (CDC) website: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>