

# VISITING THE DOCTOR AND PHARMACY DURING THE CORONAVIRUS (COVID-19) PANDEMIC

During COVID-19 it is important to practice safety precautions when visiting your doctor's office and pharmacy.

## Contact your doctor before your appointment:



- Let your doctor's office know if you are ill or have COVID-19 symptoms.
- If the appointment is not urgent, the office may recommend rescheduling. Telehealth appointments may also be an option.

## During your doctor's visit:



- Use a cloth face covering.
- Avoid touching your face.
- Bring disinfecting wipes to clean any surfaces you may need to touch.
- Keep a distance of at least 6 feet from others.
- After checking in, ask to be called on your cell phone for your appointment and wait in your car.
- If touchless payment options are not available, use hand sanitizer immediately after paying.
- Wash your hands for 20 seconds with soap and water when you get home.

## When you need a prescription:



- Plan to get all of your prescriptions at once, to avoid making multiple trips to the pharmacy. Ask about options for larger prescription supplies.
- Call in your order before visiting your pharmacy. If you have to wait, ask to be called on your cell phone when your prescription is ready and wait in your car.
- If available, use the drive-thru or curbside pickup. Some pharmacies may also have options for home delivery.

For the most up-to-date COVID-19 information and recommendations, visit the Centers for Disease Control and Prevention (CDC) website: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>