

## INTERVENT HEALTH NUMBERS

IMPORTANT: It is your responsibility to ensure that all information on this form is complete.

Please fax this page only to our secure fax line at: INTERVENT, c/o Health Numbers

Fax: 912-349-2254

You may also upload this form to the "My Labs" section from your main dashboard.

### To be completed by the patient (please print legibly):

Print Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: M \_\_\_ F \_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_

Work Site Location: \_\_\_\_\_ Circle One: Employee Spouse

Personnel Number: \_\_\_\_\_ Signature: \_\_\_\_\_

*"I acknowledge that I have read, understand and agree to the terms of the release of my personal health information and waiver as described on this form."*

### To be completed by the doctor/health care provider:

**(All values should be provided, if available. Values with an asterisk are absolutely mandatory.)**

#### HEALTH NUMBERS

Date collected: \_\_\_\_\_ (must be within 365 days of the health risk assessment)

Height\* (inches): \_\_\_\_\_ Weight\* (pounds): \_\_\_\_\_ Blood Pressure\* (mmHg): \_\_\_\_\_/\_\_\_\_\_

Waist circumference (inches): \_\_\_\_\_ (taken at the natural waist above the hip bone in a horizontal plane)

Blood Values\* (check one): \_\_\_ Non-Fasting \_\_\_ Fasting (at least 8 hours with no caloric intake)

Total Cholesterol\* (mg/dL): \_\_\_\_\_ LDL Cholesterol (mg/dL): \_\_\_\_\_

HDL Cholesterol\* (mg/dL): \_\_\_\_\_ Triglycerides (mg/dL): \_\_\_\_\_

Blood Glucose\* (mg/dL): \_\_\_\_\_ and/or A1C (%): \_\_\_\_\_

Doctor's Name (Print): \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Doctor's Address: \_\_\_\_\_

Doctor or Health Care Provider Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**If health numbers are provided by the patient, a copy of the original laboratory report or print-out from the electronic health record must be attached. Any form provided by the patient must clearly show patient's full name, date of birth and address.**